Dear Parents,

Welcome to what I hope will be a fun and exciting year for you and your children at Collinville Middle School. I am Mr. Neese, the physical education teacher. I am a recent graduate from Southern Illinois University at Edwardsville. I plan to teach your children many different aspects of physical education and physical fitness. The ultimate goal for my students this year will be to learn how to become physically fit people, not only while in school, but also in everyday life. To accomplish this goal it will require a team effort from me, you, and your children. The most important part of my program is to assure that your children are exposed to new games and activities, and above all that, we all have some fun.

There are several main areas that I will be focusing on throughout the year. Good sportsmanship is very important and will be stressed daily in my class. I also enjoy teaching the children team building skills, this will be done through various activities where the children will have to work together as a team to accomplish one common goal. Along with these two aspects of my program, the students will also learn many movement skills, ball skills, gymnastics and even some dance. Finally, the students will learn health, wellness, and physical fitness. All of these activities will be taught with developmental and age appropriateness in mind.

My class will have a few rules that I expect all children to abide by.

1. Have a positive attitude
2. Show respect for yourself and the other students around you.
3. Play hard and play fair
4. Wear appropriate clothing that includes gym shoes.
5. Always have fun!

I will be discussing the rules with your children on the first day of school. They will also be posted in the gym, just for a friendly reminder for all of us.

**Collinsville Middle School P. E. uniform policy is as follows:**

* **T-shirt**: Physical Education T-shirt
* **Pants/Shorts**: Solid Navy, or Black sweatpants, track pants, or pe shorts
* **Shoes**: Proper gym shoes **ONLY**
* **Jewelry**: Only post earrings on P. E. day (No necklaces or bracelets)
* **Hair**: Students with long hair must wear hair tied back for purposes of safety

Once these rules are established, and the students have adjusted to the schedule, the uniform policy will be enforced. The first time your child is not prepared for PE they get a warning and they have to sit out of that days’ activities. Every occurrence from that point on will lower your child’s point total and they will still have to sit out of that days’ activities. I look forward to getting to know each and everyone one of you and your children. Please feel free to call me or e-mail me with any questions comments or concerns. Thank you in advance for a fun filled exciting year at Collinsville Middle School.

Sincerely,

Mr. D.J. Neese

Physical Education Teacher

Collinsville Middle School